



Northampton Aquatic & Family Center

JFK Middle School, 100 Bridge Road, Florence, MA 01062



POOL SCHEDULE & CALENDAR AUGUST 2019



AFC: 413-587-1046, Activity/Cancellation Hotline: 413-587-1044

Check schedule carefully. Call ahead to inquire about lane availability.

Proper swimming attire is required, no cotton clothing.

Please contact the Aquatics Supervisor if your group is 8 or more or during birthday parties to ensure proper staffing levels.

Weekday morning policy: Swimmers leaving after 7:30 a.m. MUST exit pool area (including those using locker rooms) through pool deck glass doors.

AFC Center Will be Closed Monday August 12th - Sunday August 25 for Annual Maintenance
(AFC Members can use Musante Beach during this time by showing their AFC Pass)

(Musante Beach now has a lap lane for your convenience)

AFC Opening Time Changes Beginning August 26

Monday-Wednesday-Friday: We Open at 3:15 pm

Tuesday-Thursday: We Open at 4:00 pm

- MONDAY:** 6:00 - 7:00 am Lap swim (6 Lanes)
7:00 - 7:25 am Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
12:00 - 3:45 pm **Hamp Recreation Summer Camp** (ends August 9)
4:00 - 6:00 pm Lap swim (3 Lanes) / Open swim (with Diving Board)
6:00 - 7:00 pm Lap swim (3 Lanes) / Aqua Zumba (No Open Swim) (ends August 5)
- TUESDAY:** 6:00 - 7:40 am Lap swim/Masters (3/4 Lanes)
1:30 - 3:30 pm **Hamp Recreation Summer Camp** (ends August 9)
3:45 - 6:00 pm Lap swim (2 Lanes) / Open swim (with Diving Board)
6:00 - 7:00 pm Lap swim (3 Lanes) / Water Aerobics (**NO** open swim)
7:00 - 7:30 pm Lap swim (3 Lanes) / Open swim (with Diving Board)
- WEDNESDAY:** 6:00 - 7:00 am Lap swim (6 Lanes)
7:00 - 7:25 am Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
12:30 - 3:30 pm **Hamp Recreation Summer Camp** (ends August 9)
3:45 - 7:00 pm Lap swim (3 Lanes) / Open swim (with Diving Board)
- THURSDAY:** 6:00 - 7:40 am Lap swim/Masters (3/4 Lanes)
1:30 - 3:30 pm **Hamp Recreation Summer Camp** (ends August 9)
3:45 - 5:25 pm Lap swim (3 Lanes) / Swim Lessons/ Open swim (Deep Water Only **NO** Diving Board)
5:25 - 6:00 pm Swim Lessons (No Open Swim) (ends August 8)
6:00 - 7:00 pm Lap swim (3 Lanes) / Water Aerobics (**NO** open swim)
7:00 - 7:30 pm Lap swim (3 Lanes) / Open swim (with Diving Board)
- FRIDAY:** 6:00 - 7:00 am Lap swim (6 Lanes)
7:00 - 7:25 am Lap swim (3 Lanes) / Water Aerobics (until 7:40 am)
1:30 - 3:30 pm **Hamp Recreation Summer Camp** (ends August 9)
3:45 - 6:30 pm Lap swim (3 Lanes) / Open swim (with Diving Board)
- SATURDAY:** 9:30 am - 4:00 pm Lap swim (3 Lanes) / Open swim with Diving Board
- SUNDAY:** 11:00 am - 4:00 pm Lap swim (3 Lanes) / Open swim with Diving Board

*******NORTHAMPTON, FLORENCE, & LEEDS SENIORS (Age 55 & over) SWIM FREE ON SUNDAY*******

OPEN SWIM: The diving board, where indicated, and 3 lanes (subject to change) are open for leisure swim. Bring your friends and family just for fun.

LAP SWIM: Designated lanes for swimming laps and aquatic fitness use **ONLY**. Get fit swimming. () = Number of lanes available for lap swimming

LOCKERS ARE FOR DAILY USE ONLY NO LOCKS OVERNIGHT

LAP SWIMMING ETIQUETTE; PLEASE READ: Lap lanes are available for adults (16 years or older). When swimming alone, you have the entire lane; 2 people split the lane; 3 or more swim in circles: up one side and down the other. Speed is not important; faster people will pass slower people and everyone works at their own pace. Please inform all other swimmers when you join a lane, to prevent accidents. If a lane is empty, children may swim **LAPS** in that lane until an adult arrives then the child must leave the lane. Lockers are for day use only.

AFC at JFK Middle School, 100 Bridge Road, Florence, MA 01062

Monday-Friday, 4:00-7:00 pm, Saturday 9:00 am-4:00 pm & Sunday 11 am-4:00 pm, 413-587-1046

Northampton Recreation Department 100 A Bridge Road, Florence, MA 01062

Monday-Friday, 8:30 am-4:30 pm, 413-587-1040

www.northamptonma.gov/recreation

Over for August Pool Calendar

Updated 7/29/19



JFK Pool Schedule August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<div> Daily Pool Lap/Open Swim Fees Resident Adult: \$5.00 Resident Senior/Youth: \$4.00 Non-Resident Adult: \$6.00 Non-Resident Senior /Youth: \$5.00 </div>		1 Lap/Masters (3/4 Lanes) 6-7:40am Hamp Rec Camp 1:30-3:30pm Lap(3 Lanes) 3:45-7:30pm Swim Lessons/Open Swim Deep Water only 3:55-5:25pm Swim Lessons/NO Open Swim 5:25-6:00pm Lap(3 Lanes)/Aerobics (NO Open Swim) 6-7pm Lap(3 Lanes)/Open Swim (w Diving) 7-7:30pm	2 Lap 6-7:25am Aerobics 7-7:40am Rec Camp 1:30-3:30pm Lap(3 Lanes)/Open Swim (w Diving) 3:45-6:30pm	3 Lap(3 Lanes)/Open Swim (w Diving) 9:30am-4pm
4 Lap(3 Lanes) 11-4:00pm Free Senior Swim/ Open (w Diving)	5 Lap 6-7:25am Aerobics 7-7:40am Rec Camp 12-3:45pm Lap(3 Lanes)/Open Swim (w Diving) 4:00-6pm Lap(3 Lanes)/Aqua Zumba (NO Diving) 6-7pm	6 Lap/Masters (3/4 Lanes) 6-7:40am Hamp Rec Camp 1:30-3:30pm Lap(3 Lanes)/Open Swim (w Diving) 3:45-6pm Lap(3 Lanes)/Aerobics (NO Open Swim) 6-7pm Lap(3 Lanes)/Open Swim (w Diving) 7-7:30pm	7 Lap 6-7:25am Aerobics 7-7:40am Hamp Rec Camp 1:30-3:30pm Lap(3 Lanes)/Open Swim (w Diving) 3:45-7pm	8 Lap/Masters (3/4 Lanes) 6-7:40am Hamp Rec Camp 1:30-3:30pm Lap(3 Lanes) 3:45-7:30pm Swim Lessons/Open Swim Deep Water only 3:55-5:25pm Swim Lessons/NO Open Swim 5:25-6:00pm Lap(3 Lanes)/Aerobics (NO Open Swim) 6-7pm Lap(3 Lanes)/Open Swim (w Diving) 7-7:30pm	9 Lap 6-7:25am Aerobics 7-7:40am Rec Camp 1:30-3:30pm Lap(3 Lanes)/Open Swim (w Diving) 3:45-6:30pm	10 Lap(3 Lanes)/Open Swim (w Diving) 9:30am-4pm
11 Lap(3 Lanes) 11-4:00pm Free Senior Swim/ Open (w Diving)	12	13	14	15	16	17
AFC CLOSED FOR ANNUAL MAINTENANCE						
18	19	20	21	22	23	24
AFC CLOSED FOR ANNUAL MAINTENANCE						
25 AFC CLOSED	26 Lap 6-7:25am Aerobics 7-7:40am Lap(3 Lanes)/Open Swim (w Diving) 3:15-7pm	27 Lap (6 Lanes) 6-7:40am Lap(3 Lanes)/Open Swim (w Diving) 3:45-6pm Lap(3 Lanes)/Aerobics (NO Open Swim) 6-7pm Lap(3 Lanes)/Open Swim (w Diving) 7-7:30pm	28 Lap 6-7:25am Aerobics 7-7:40am Lap(3 Lanes)/Open Swim (w Diving) 3:15-7pm	29 Lap (6 Lanes) 6-7:40am Lap(3 Lanes)/Open Swim (w Diving) 3:45-6pm Lap(3 Lanes)/Aerobics (NO Open Swim) 6-7pm Lap(3 Lanes)/Open Swim (w Diving) 7-7:30pm	30 Lap 6-7:25am Aerobics 7-7:40am Lap(3 Lanes)/Open Swim (w Diving) 3:15-6:30pm	31 Lap(3 Lanes)/Open Swim (w Diving) 9:30am-4pm